



# GET A PEACEFUL NIGHT'S REST WITH OUR NATURAL FORMULA, SEREN-T 200

**Seren-T** is a natural sleep aid and stress reliever that has undergone clinical testing to demonstrate its efficacy. It includes a special bioactive peptide sourced from milk protein, known for its calming properties (similar to a warm glass of milk). **With Seren-T, you can achieve a peaceful sleep within 30 minutes and enjoy a restful night's rest\*.**



**Milk Protein Hydrolysate**



**Sodium Caseinate**

## Key Benefits

Controls mental and physical stress\*

It includes a unique peptide that is recognized for its soothing properties\*

Helps regulate cortisol levels\*

Promotes restful sleep\*



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\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Medicinal ingredient per capsule:

Milk protein hydrolysate (*alpha S1 casein tryptic hydrolysate, a fraction of skimmed cow's milk*) ..... 100 mg

**NON-MEDICINAL INGREDIENTS:** Sodium caseinate and hypromellose (vegetable capsule).



## How to use



Take two capsules daily before going to sleep or during the day when you're feeling stressed and overwhelmed, to slow down a bit!

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## Features:



Paraben Free



Lactose Free



All Natural



Clinically Proven



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